



SAINT MARY'S
UNIVERSITY
ART GALLERY

ART PROMPT NO. 12

Lux Habrich

Altars for beautiful unknowns

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Conseil des Arts
du Canada

#SMUAGatHome

Life is powerfully hard and
powerfully beautiful.



very lovely day
your things inspiration
Remember your
survived deeper waters
I know I haven't
please know you
went happiness
so much more to come,
you will get that
on.
I think I left
you.
more and more as the
Happy Birthday Jwp.
P.S. I know you hate to
I will record it - jwp

helpless child
forgive

What has shaped your ideas of wellness?

What actions and intentions can serve as medicine?

What fills your cup and helps you to connect to the world around you?



1. Gather objects and materials that speak to you
2. Choose a site (flat surface, indoors or outdoors)
3. Play with placement and meaningful arrangement
4. Activate your altar by routinely rearranging and changing elements (e.g. lighting candle, exchanging flowers, etc.)

Consider the infinite possibilities for compassion in this practice.

Your altar can be a site for transformation, grounding, connectedness, veneration, expression, gratitude, and so many more beautiful unknowns.